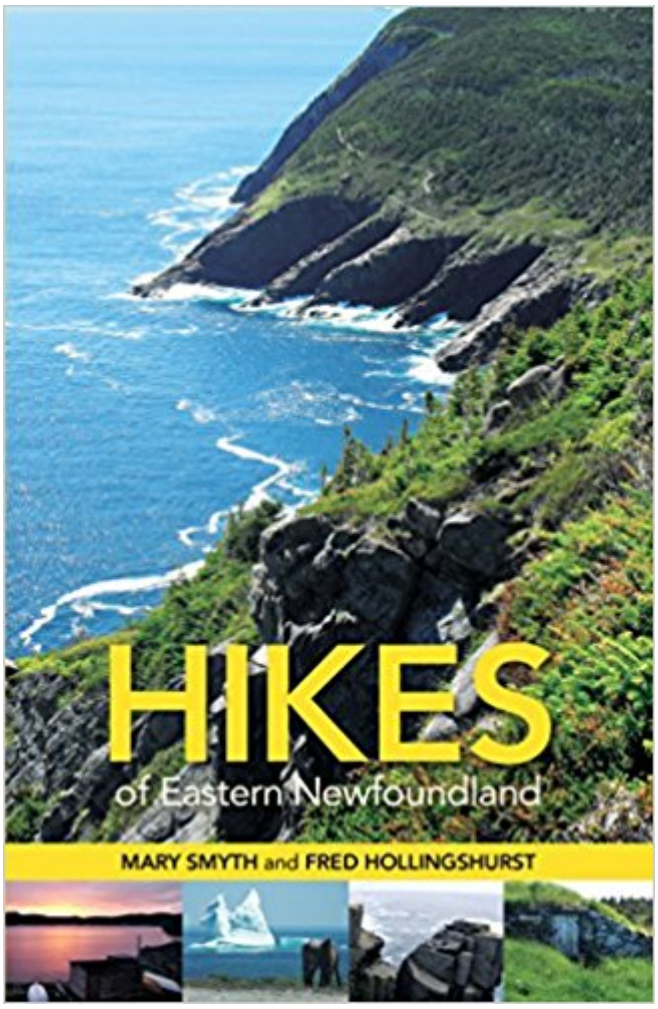
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Hikes Of Eastern Newfoundland



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Synopsis

From the 265-km award-winning East Coast Trail on the Avalon Peninsula to the Spurwink Trail along the cliffs near Trinity, or the Squid Jigger Trail on Change Islands, Hikes of Eastern Newfoundland is a must-have guide to the must-do walks and hikes of eastern Newfoundland. Suitable for hikers of all levels, this book offers an overview over 60 trails, including each trail's length and difficulty rating, and tips on what to watch for along the way. Maps and GPS references will get you to the trailhead; full-colour photographs will get you excited about the path ahead.

Book Information

Paperback: 192 pages

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Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #1,036,151 in Books (See Top 100 in Books) #21 inÃ Â Books > Travel > Canada > Provinces > Newfoundland #451 inÃ Â Books > Travel > Canada > General #2640 inÃ Â Books > Sports & Outdoors > Hiking & Camping > Excursion Guides

Customer Reviews

It is a nice little guide to, well, what the title states, Hikes of Eastern Newfoundland by Mary Smyth and Fred Hollingshurst, including the Avalon Peninsula and the East Coast Trail, the Bonavista Peninsula, Fogo Island, Change Islands and Twillingate. In the top picture, I marked the hikes that I hope to accomplish this summer, and the lower tabs are hikes I'd like to do if I get back to the Bonavista Peninsula this summer. The book is well laid out, focusing on regions, clearly indicating hike difficulty, trailheads, camping areas, and wilderness trails. As the book states, the maps are not to be used for navigation, but are good indicators of trail lengths, and for the clearly labeled trails, are sufficient guides for the average hiker. Each trail features some history and information about the trail, colour pictures, and a little box of added information, typically about Newfoundland terminology, added history, or information about the flora and/or fauna of the area. The book is also clear about its shortcomings, indicating that those looking to hike the East Coast Trail Association trails should contact the ECTA for further information. Similarly, some wilderness trails are

described in the book, and the authors suggest either going on a guided hike, or at least checking in with the appropriate organizations before attempting these trails. Also, it is stressed that proper maps are necessary for these hikes. Two features I really like in this book are the small appendices of Wildflowers of Eastern Newfoundland and a Trail Completion Checklist. Certainly, for anyone passionate about floral identification should head out to these trails with a proper book about Newfoundland wildflowers, but for the more casual hiker, the appendix gives many of the more common wildflowers. I know I will start to keep this book in by tour bag to help me identify flowers for visitors I take on tour. The Trail Completion Checklist is a great addition for the achievement hunters, like myself. I normally would not mark in a book, but in this case, I made an exception and marked the trails I have done. This is a great book for anyone interested in hiking. I know I will be looking to pick up a copy of Hikes of Western Newfoundland for my trips across the island.
--Goodreads - planecrashgirl.ca

Authors Mary Smyth and Fred Hollingshurst are longtime hikers with decades of experience with the terrain, challenges, and spectacular rewards of hiking in Newfoundland.

The book is great and in perfect condition.

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